

Village of East Hills
Senior Activities Committee
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June/July 2015 Newsletter

We wish to thank the Mayor and the Village Trustees for their Sponsorship of our Newsletter and for being so supportive of the Senior Activities Committee (SAC)

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Senior Activities C O M M I T T E E

**WELCOME BACK SUMMER WITH
OUR ANNUAL SAC BAR-B-Q!
WEDNESDAY, JUNE 24th 6:00 PM — RAIN OR SHINE**

The Senior Activities Committee announces the Annual SAC Barbeque. This year the event will be held on **Wednesday June 24 at 6 PM**, at the **Park Grille**. Feast on a Bar-B-Q with all the trimmings, catered by **La Bottega**, the new Park Caterer, and then enjoy an evening of "Guess Who" - a live action trivia contest, presented by professional stage actor and impressionist, **Richard Solow**. He will do impressions of well known actors, comics and singers performing excerpts from movie scenes and comic routines as clues for a trivia contest. This will be an evening full of laughter and fun. Prizes will be awarded.

**The cost of the Barbeque, Show and Dessert
\$25 for Residents/\$30 for Non-residents**



BACK BY POPULAR DEMAND!

Water Exercise Classes at the East Hills Pool



The Senior Activities Committee is again sponsoring a series of **Water Exercise Classes**. Our instructor is a Certified Lifeguard. The series of exercises will focus on all muscle groups against the resistance of water for improved cardiovascular and toning benefits. Just bring a bathing suit and a towel.

The series will consist of two classes per week for 8 weeks. Water Exercise classes are for adults only and will be held on Mondays and Wednesdays from 10 AM – 11 AM starting on June 22nd through August 12th. The cost of the entire series will be \$75. Limited to East Hills residents only. A standard release is required.

SPECIAL EVENT: THE SAC POOL PARTY **Thursday, July 23rd (rain date July 24th)**

From 11 AM to 4 PM the Senior Activities Committee is again sponsoring a **“Fun Day at the Pool”** Come and bring your friends for a day of Cards, Mah Jongg (Bring your own set please), Canasta, Bridge, Poker or even Monopoly. **Our Pool Party Package includes a reserved table for your game, Lunch at the Park Grille, and shopping at our on-site vendors** .You can bring your own game or we will arrange one for you. Just fill out the coupon on the back. Reservations are required and tables are limited.

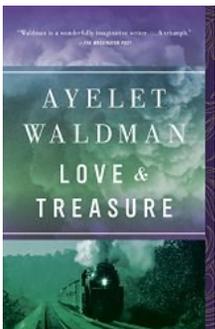


Cost of Pool Party Package:
Residents — \$20
Non-residents — \$25 plus \$7 park admission

JUNE BOOK CLUB **June 30th 7-9 PM**

LOVE AND TREASURE **By Ayelet Waldman**

This is a spellbinding new novel of contraband masterpieces, tragic love and the unexpected legacies of forgotten crimes. It is woven around the true history of the Hungarian Gold Train in the Second World War. Join us as we discuss this interesting book.



JULY BOOK CLUB **July 28th 7-9 PM**

THE MINIATURIST **By Jessie Burton**

Set in seventeenth century Amsterdam, a masterful debut novel steeped in atmosphere and shimmering with mystery. This novel is sure to provoke an interesting discussion.

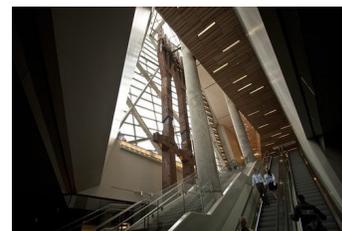


We meet in the Village Lounge Refreshments are served
Free to Residents/ \$5.00 for Non-residents

**THE TRIP TO THE 9/11 MEMORIAL
THURSDAY, AUGUST 20th
*IS SOLD OUT!***



**We now have a wait list for this trip.
To insure a place on the wait list, send a check
with the coupon on the back page.
Cost for this trip includes Bus, Guided Tours,
all Admissions, Lunch and Tips:
\$75 for Residents/\$85 for Non-residents**



Bus will leave East Hills Village Hall at 9:00 AM Sharp

The Senior Activities Committee Joins the Digital Age!

The Senior Activities Committee (SAC) will be implementing a major change in our reservation policy. Currently, our reservation policy is "No News is Good News". This means that if you do not hear from us, you should consider that good news, and that you are confirmed for the trip. To improve communications with our Seniors, effective July 1st, the SAC will be providing an e-mail to confirm your reservation for all SAC events and trips. If you provide your e-mail address on the reservation form, we will send you an e-mail to confirm your reservation.

FALAISE at Sands Point THURSDAY, SEPTEMBER 10th at 11 AM

In the early 20th century, Sands Point Preserve was the home of the Guggenheim, family. The buildings on the estate are monuments to the opulent lifestyle for which Long Island's North Shore is known. Join the Senior Activities Committee, on **Thursday, September 10th**, for a docent led tour of the magnificent Falaise mansion, one of the few intact and meticulously preserved historic homes depicting the luxurious Gold Coast lifestyle. The home was built for Harry F. Guggenheim and his wife Caroline Morton in 1923. The architecture is French eclectic and the design is based on a 13th century Norman manor house. Falaise is furnished with antiques, many from the 16th and 17th century. There are wood carvings, sculptures,



Renaissance paintings and several important pieces of modern art. Distinctive features of the house include an enclosed cobblestone courtyard, thickly mortared brick walls, steeply pitched roofs of heavy tile, and a round tower. The medieval atmosphere is continued inside the house by the arches, thick wood beams, textured plastered walls, and carved stone mantles.



**The address of the Sands Point Preserve is: 127 Middle Neck Road, Sands Point
Lunch will be at the ever-popular Stresa Restaurant at 1:45 PM
Cost for Falaise Tour, Parking and Lunch: \$35 Residents/\$48 Non-residents.
Lunch only \$33.**

Mark your calendars for these future events...

THURSDAY, OCTOBER 1st
VAL KILL, Eleanor Roosevelt's cottage;
HYDE PARK, FDR's Family Mansion
and Lunch at Copolla's



SUNDAY, OCTOBER 18th
Brunch at Theater in the Park
With Mark Courtade



Enclose check made payable to: SAC, Village of East Hills
 Send Check to: Senior Activities Committee/Box 18
 209 Harbor Hill Road/ East Hills, NY 11576

SAC BBQ & Entertainment — Wednesday, June 24th
 (\$25 for Residents/\$30 for Non-residents)

Number of people Amount Enclosed

Water Exercise Classes — June 22nd — August 12th (16 classes)
 (\$75 per person — East Hills_Residents only)

Annual Pool Party — Thursday, July 23rd (Rain date: Friday, July 24th)
 (\$20 for Residents/\$25 for Non-residents plus \$7 pool admission)

I would like to reserve a table for _____ people to play _____
Please attach a separate list of the people at your table.

I need an arranged game to play _____

9/11 Memorial and Lunch in Chinatown —Thursday, August 20th
 (\$75 for Residents/\$85 for Non-residents) *(Waiting list only)*

Falaise trip and Lunch at Stresa—Thursday, September 10th
 (\$35 for Residents/\$48 for Non-residents) (\$33 for lunch only)

Name: _____

Address: _____

Telephone Number: _____ E-mail: _____

Reservations will not be accepted without a telephone number.

Include your email address and we will send you confirmation of your reservation.

Note: *If you are bringing guests to any event, please attach a separate sheet with their names and contact numbers.*

NO REFUNDS ON PRE-PAID ITEMS