

Village of East Hills  
**Senior Activities Committee**  
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## MAY 2016 Newsletter

We wish to thank the Mayor and the Village Trustees for their Sponsorship of our Newsletter and for being so supportive of the Senior Activities Committee (SAC)

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**GET WITH US – DON'T MISS KENNY SCHARF'S EXUBERANT ART  
AS IT LIGHTS UP THE NASSAU MUSEUM!**

**THURSDAY, JUNE 2ND - MEET US AT THE MUSEUM AT 11:15 AM  
LUNCH AT ANTONETTE'S AT 1:30 PM**

"Art is my religion" said **Kenny Scharf**, the artist whose pop surrealism is on view at the Nassau Museum. For such a young man (he is 57) he has experienced much of the new and revolutionary art movements of the 21<sup>st</sup> century, and has absorbed it into his own exuberant style. Come with us as we enjoy a private guided tour of these fun pieces, and even sit inside the "**Cosmic Cavern**", a garish mini-nightclub



environment occupying an entire gallery of the museum. Go in, sit down and listen to the music: you might even get up and dance! This is a delightful show, full of playfulness and sure to please everyone. So come along with us on June 2<sup>nd</sup> and join the fun! Also on view is the companion show: "**Glamorous Graffiti**". These are the works of Scharf's contemporaries who were active in the New York street scene: Keith Haring, Jean Michael Basquiat, Lee Quinones, Crash, etc.

Then join us for a delicious luncheon at **Antonette's of East Hills**, 290 Glen Cove Road. **DON'T MISS THE FUN — COME ALONG!**

**The cost for the Museum and Lunch:  
\$35 for Residents/\$40 for Non-residents. Lunch only \$25**



**A RARE OPPORTUNITY TO ENJOY TWO ICONIC SITES ON ONE TRIP:  
NY BOTANICAL GARDEN & MARIO'S RESTAURANT — TUESDAY, JUNE 28th**

There are only a few seats left on this exciting trip to the Bronx. The **Haupt Conservatory's private tour** will show us spectacular gardens in four different environments. The architecture of this building alone is fascinating. Then we can hop on the *trams that run every 10-15 minutes* and travel wherever we want around the gardens. Some may want to spend their time at the famous **Rockefeller Rose Garden** enjoying and photographing the over 600 varieties of roses there. Art lovers will want to visit the Library and view the special exhibition: **Impressionism: American Gardens on Canvas**. This show brings together such venerated artists as Sargent, Childe Hassam, Wm Merritt Chase and Greacen. Also on display is the eight foot statue of Diana of the Chase by Anna VH Huntington. Come along and enjoy as much or as little as you want — but enjoy it you will!



**Mario's Restaurant on Arthur Avenue** will top off the day with a fabulous luncheon prepared by the “artists” of their kitchen. Mario's is famous for its warmth and special food.

**Cost for Bus, Private Guided Tour, Lunch at Mario's:  
\$80 for Residents/\$90 for Non-residents  
Bus will leave Village Hall at 9 AM  
This trip is limited to 48 people**

**Bet you'll have a good time! - Brunch at Belmont - Sunday, July 10th**



Join us on **Sunday, July 10th at 11:30 AM** for an exciting and unusual day. If you've never watched a thoroughbred race from a private room with a view of the track, you're in for a real treat. The SAC has scheduled a **Brunch at Belmont** in the Garden Terrace Dining Room on the fourth floor of the Clubhouse, overlooking the finish line at Belmont Racetrack. The deluxe buffet includes grilled flank steak and roasted chicken breast as well as the breakfast standards of waffles, bacon, eggs, etc. Valet parking is available. The cost is **\$45 per person for Residents** and **\$55 per person for Non-residents** and includes admission to the track, a Race program and the deluxe Sunday brunch buffet.

**Water Exercise Classes at the East Hills Pool  
Beginning Monday, June 27th; twice a week until August 22nd**

The Senior Activities Committee is again sponsoring a series of **Water Exercise Classes**. Our instructor is a Certified Lifeguard. The series of exercises will focus on all muscle groups against the resistance of water for improved cardiovascular and toning benefits. Just bring a bathing suit and a towel.

The series will consist of two classes per week for 8 weeks. **Water Exercise classes are for adults only and will be held on Mondays and Wednesdays from 10AM – 11AM starting on June 27th through August 22nd. The cost of the entire series is \$75. Limited to East Hills residents only. A standard release form is required, available at first session.**



***SENTIMENTAL JOURNEY : CONEY ISLAND and BRIGHTON BEACH,  
With LUNCH ON THE BOARDWALK IN "LITTLE RUSSIA"  
TUESDAY, AUGUST 30th — 10:00 AM RAIN OR SHINE***



Take a trip down memory lane. As we get off our bus, **we will each receive a Famous Nathan's hot dog, (courtesy of SAC)** to eat as we learn the rich history of Coney Island. Our professional guide will take us on a short tour of the area. Did you know that the rollercoaster and the hot dog were invented here? We will walk along the world famous Boardwalk as we hear stories about the three great amusement parks (Steeplechase, Luna Park and Dreamland) that once lit up the Brooklyn shoreline. Whether or not you are a native New Yorker, this trip is sure to intrigue you. Our bus will then take us to **Brighton**



**Beach**, where a full luncheon of authentic Russian delicacies will be waiting for us at **Tatiana's Restaurant** on the Boardwalk. After lunch we will have time to walk off some of that food, as we either wander through the shops under the El, stroll along the boardwalk, or sit and relax and listen to the surf.

**Cost of Bus, Guided Tour of Coney Island, Lunch and tips:  
\$70 Residents/\$80 Non-residents Bus will leave Village Hall at 10 AM**

***OUR POPULAR SAC POOL PARTY RETURNS!  
Tuesday, August 2nd (rain date August 3rd)***



From 11 AM to 4 PM the Senior Activities Committee is again sponsoring a **"Fun Day at the Pool"** Come and bring your friends for a day of Cards, Mah Jongg (Bring your own set please), Canasta, Bridge, Poker or even Monopoly. **Our Pool Party Package includes a reserved table for your game and Lunch at the Park Grille** (select entrees, beverage, desert, tax and tip), **and shopping at our on-site vendors.**

You can bring your own game or we will arrange one for you. Just fill out the coupon on the back. Reservations are required and tables are limited.

**Cost of Pool Party Package is \$20 per person for Residents  
Does not include admission charge to the Pool area for Non-residents**

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***SAVE THE DATE: WHITNEY MUSEUM, CHELSEA MARKET & THE HIGHLINE  
THURSDAY, SEPTEMBER 22nd***



The Senior Activities Committee has great things in store for you. We have arranged a **private guided tour of the Whitney's beautiful new building**, as well as an opportunity to view some of the permanent collection *and* the special show: Stuart Davis. Our bus will then take us to **Chelsea Market** for lunch on our own. We can wander at will and eat and drink anything from burgers and tacos to lobsters and fine wines. Then we will take a short stroll on the **Highline**, New York's great new park. More details will follow in our next Newsletter, so put this trip on your calendar now. **Cost for Bus and Private Guided Museum Tour: \$50 for Residents/ \$60 for Non-residents**



**This tour is limited to 40 People**

## COMING EVENTS



Tour of the United Nations  
October date to be announced



Northport Theater Show: "1776"  
Sunday, November 6th  
Right in time for elections!



Feast at Pearl East  
Monday, December 5th



Enclose check made payable to: SAC, Village of East Hills  
Send Check to: Senior Activities Committee / Box 18  
209 Harbor Hill Road / East Hills, NY 11576

# of people      amount enclosed

<b>Nassau Museum &amp; Lunch at Antonette's — Thursday, June 2nd</b> (\$35 For Residents/\$40 For Non-residents Lunch only \$25)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Botanical Gardens &amp; Lunch on Arthur Ave. — Tuesday, June 28th</b> (\$80 for Residents/\$90 For Non-residents)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Water Exercise Classes — June 27th — August 22nd (16 classes)</b> (\$75 per person — East Hills Adult Residents only)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Brunch at Belmont — Sunday, July 10th</b> (\$45 for Residents/\$55 For Non-residents)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Pool Party — Tuesday, August 2nd</b> (\$20 per person, plus pool admission charge for Non-residents)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Coney Island &amp; Lunch in Brighton Beach — Tuesday, August 30th</b> (\$70 For Residents/\$80 For Non-residents)	<input type="checkbox"/>	<input type="checkbox"/>
<b>Whitney Museum, Chelsea Market &amp; The Highline — Thursday, Sept 22nd</b> (\$50 For Residents/\$60 For Non-residents)	<input type="checkbox"/>	<input type="checkbox"/>

### Contacting the Senior Activities Committee

**Contacting the SAC committee has never been easier. We have an e-mail address: [sacveh@gmail.com](mailto:sacveh@gmail.com)  
Our telephone number is : (516) 621-2796. The SAC will respond to your inquires as soon as possible.  
This contact information is in addition to our mailing address appearing at the top of this coupon.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Reservations will not be accepted without a telephone number**

***Include your email address and we will send you confirmation of your reservation***

**Note:** If you are bringing guests to any event, please attach a separate sheet with their names and contact numbers.

**NO REFUNDS ON PRE-PAID ITEMS**