

Village of East Hills
Senior Activities Committee
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Summer 2016 Newsletter

We wish to thank the Mayor and the Village Trustees for their Sponsorship of our Newsletter and for being so supportive of the Senior Activities Committee (SAC)

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SPECIAL EVENT - Bet you'll have a good time! Brunch at Belmont - Sunday, July 10th



Join us on **Sunday, July 10th at 11:30 AM** for an exciting and unusual day. If you've never watched a thoroughbred race from a private room with a view of the track, you're in for a real treat. The SAC has scheduled a **Brunch at Belmont** in the Garden Terrace Dining Room on the fourth floor of the Clubhouse, overlooking the finish line at Belmont Racetrack. The deluxe buffet includes grilled flank steak and roasted chicken breast as well as the breakfast standards of waffles, bacon, eggs, etc. Valet parking is available.

The cost is **\$45 per person for Residents** and **\$55 per person for Non-residents** and includes admission to the track, a Race program and the deluxe Sunday brunch buffet.

ATTENTION!

Due to limited resources, we can not confirm each reservation. Once again, our policy about whether you are included in an event is: **NO NEWS IS GOOD NEWS**. If you do not hear from us, you can assume that you are included. However, if you want to know for sure, call our number with your request and we will get back to you as soon as possible.

WHAT A GREAT WAY TO START YOUR SUMMER! GET IN SHAPE BY GETTING INTO THE POOL WITH US!

Water Exercise Classes at the East Hills Pool

Beginning Monday, June 27th; twice a week until August 22nd

The Senior Activities Committee is again sponsoring a series of **Water Exercise Classes**. You don't have to be a swimmer, but you can be a bathing beauty! Join us and paddle your way to health in the wonderful East Hills Pool. Water exercise is considered one of the healthiest things you can do for your body. You'll feel good and enjoy yourself as well. Just bring a bathing suit and a towel.

The series will consist of two classes per week for 8 weeks. Water Exercise classes are for adults only and will be held on Mondays and Wednesdays from 10AM – 11AM starting on June 27th through August 22nd. The cost of the entire series is \$75. Limited to East Hills residents only. A standard release form is required, available at the first session.



OUR "SACTACULAR" POOL PARTY RETURNS! 11AM-4PM Tuesday, August 2nd (rain date August 3rd)

The SAC is again sponsoring a "Fun Day at the Pool" Come and bring your friends for a day of Cards, Mah Jongg (Bring your own set please), Canasta, Bridge, Poker or even Monopoly. **Our Pool Party Package includes a reserved table for your game and Lunch at the Park Grille** (select entrees, beverage, desert, tax and tip), **and shopping at our on-site vendors**. You can bring your own game or we will arrange one for you. Reservations are required and tables are limited. Please note: if you are bringing your own game, please list their names on a separate piece of paper, attached to the coupon on the back of this Newsletter.

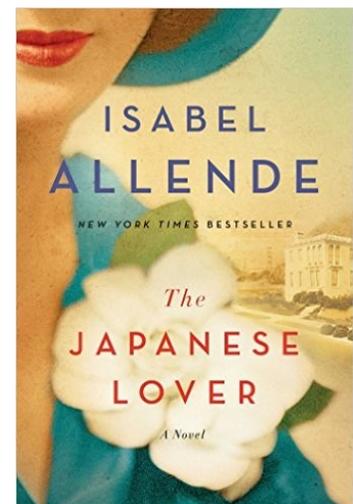
Cost of Pool Party Package is \$20 per person for Residents
Does not include admission charge to the Pool area for Non-residents



SAC BOOK CLUB TUESDAY, AUGUST 30th 7-9PM in the Village Lounge

THE JAPANESE LOVER by ISABEL ALLENDE

Join us as we discuss this lovely novel that explores questions of identity, abandonment, redemption and the unknowable impact of fate on our lives. A profoundly moving tribute to the constancy of the human heart in a world of unceasing change.



***SENTIMENTAL JOURNEY: CONEY ISLAND AND BRIGHTON BEACH,
WITH LUNCH ON THE BOARDWALK IN "LITTLE RUSSIA"
TUESDAY, AUGUST 30TH — 10:00 AM RAIN OR SHINE***



Take a trip down memory lane. As we get off our bus, *each of us will receive a Famous Nathan's hot dog, (courtesy of SAC)* to eat as we learn the rich history of Coney Island. Our professional guide will take us on a *short* tour of the area. Did you know that the rollercoaster and the hot dog were invented here? We will walk along the world famous Boardwalk as we hear stories about the three great amusement parks (Steeplechase, Luna Park and Dreamland) that once lit up the Brooklyn shoreline. Whether or not you are a native New Yorker, this trip is sure to intrigue you. Our bus will then take us to **Brighton**



Beach, where a full luncheon of authentic Russian delicacies will be waiting for us at **Tatiana's Restaurant** on the Boardwalk. After lunch we will have time to walk off some of that food, as we either wander through the shops under the El, stroll along the boardwalk, or sit and relax and listen to the surf.

**Cost of Bus, Guided Tour of Coney Island, Lunch and tips:
\$70 Residents/\$80 Non-residents Bus will leave Village Hall at 10 AM**

***SPECIAL TRIP: WHITNEY MUSEUM, CHELSEA MARKET & THE HIGHLINE
THURSDAY, SEPTEMBER 22nd at 9 AM***



The Senior Activities Committee has great things in store for you. We have arranged a **private guided tour of the Whitney's beautiful new building**, as well as an opportunity to view some of the permanent collection *and* the special show: Stuart Davis: In Full Swing.



Our bus will then take us to **Chelsea Market** for lunch on our own. We can wander at will and eat and drink anything from burgers and tacos to lobsters and fine wines. Then we will take a short stroll on the **Highline**, New York's great new park.

**Cost for Bus and Private Guided Museum Tour: \$50 for Residents/
\$60 for Non-residents This tour is limited to 40 People**

***SAVE THE DATE: SUNDAY,
NOVEMBER 6th AT 2:30 PM
1776, THE MUSICAL***



Before "Hamilton" there was "1776", a musical about how the founding fathers drafted the Declaration of Independence and gave birth to a new nation. Featuring John Adams, Thomas Jefferson and Benjamin Franklin, this show reminds us of how far America has come—and how little we've changed. What a perfect show to see, just before Election Day! Dinner at a restaurant to be decided. Watch for details.

MARK YOUR CALENDARS FOR THESE COMING EVENTS



Tour of the United Nations
Wednesday, October 19th
Watch for details next month!



Feast at Pearl East
Monday, December 5th



Enclose check made payable to: SAC, Village of East Hills
Send Check to: Senior Activities Committee / Box 18
209 Harbor Hill Road / East Hills, NY 11576

of people amount enclosed

Water Exercise Classes — June 27th — August 22nd (16 classes)
(\$75 per person — East Hills Adult Residents only)

Brunch at Belmont — Sunday, July 10th
(\$45 for Residents/\$55 For Non-residents)

Pool Party — Tuesday, August 2nd

(\$20 per person, plus pool admission charge for Non-residents)

If you are coming with your own game, please list their names on a separate sheet attached to this form, so that we can seat you together.

Coney Island & Lunch in Brighton Beach — Tuesday, August 30th
(\$70 For Residents/\$80 For Non-residents)

Whitney Museum, Chelsea Market & The Highline — Thursday, Sept 22nd
(\$50 For Residents/\$60 For Non-residents)

Total enclosed

**Contacting the SAC committee has never been easier. We have an e-mail address: sacveh@gmail.com
Our telephone number is : (516) 621-2796. The SAC will respond to your inquires as soon as possible.
This contact information is in addition to our mailing address appearing at the top of this coupon.**

Name: _____

Address: _____

Telephone Number: _____ E-mail: _____

Reservations will not be accepted without a telephone number

Include your email address as an alternate contact

Note: If you are bringing guests to any event, please attach a separate sheet with their names and contact numbers.

NO REFUNDS ON PRE-PAID ITEMS