

Village of East Hills  
**Senior Activities Committee**  
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**JUNE 2013**

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**Village of East Hills**  
**SENIOR ACTIVITIES COMMITTEE NEWSLETTER**

BOX 18, 209 HARBOR HILL ROAD, EAST HILLS, NY 11576

**The SAC is funded and supported by the Mayor and the Village Trustees**

Volume 7 Issue 5

**June 2013**

**June Highlight Event**  
**BBQ and Music by J.C. Revue**

There are only a few seats still available for the Senior Activities Committee Third Annual Village BBQ. This year the Barbeque will be held on **Thursday, June 6<sup>th</sup> at 6PM**, at the **Park Grill** (weather permitting – otherwise at The Village Theater). You can enjoy a BBQ with all the trimmings and then enjoy an evening of entertainment with one of our favorite performers - female vocalist and song writer, **JayCee Driesen** known amongst her followers simply as **J.C. Revue**.

**The cost of the Barbeque, Show and Dessert is \$30 per person for residents and \$35 per person for non-residents. This event will be limited to 80 people**

**Technology Workshop Session 3**

**The Summer School Session of the Technology Workshop (Session 3) will commence on July 8<sup>th</sup>.**

Due to the success of both previously offered Technology Workshops, we are offering a third series of Technology Workshops. Sign up for a series of 5 one hour Technology Workshops to be taught by our own Roslyn High School students. Please fill in the coupon and attach your check for \$10. You will be called to discuss your schedule. **The cost is only \$10 for the entire series of 5 workshops. This program is only open to Village residents.**

**July Special Event**  
**“POOL PARTY”**  
**at the East Hills Pool**

On **Tuesday, July 23<sup>rd</sup> from 11AM to 4PM (Rain Date: July 24<sup>th</sup>)**, the Senior Activities Committee is pleased to

sponsor a **“Pool Party”** or a **“Fun Day at the Pool”**. All age groups are invited to enjoy a day of Cards, Mah Jong (please bring your own set), Canasta, Bridge, Poker, Pinochle or even Monopoly. The **Pool Party Package** includes a reserved table for your game, **Lunch at the Park Grill**, a viewing of a **fashion show** and **shopping with participating on-premise vendors (with discounts of course!)** The Pool Party will also include **Card Tournaments** with prizes donated by local merchants. You can bring your own game or we will arrange one for you. Reservations are required and tables are extremely limited. Any questions, e-mail us at [sacveh@gmail.com](mailto:sacveh@gmail.com) or call us at (516) 621-2796.

**The cost of the Pool Party Package is \$13 per person and includes a reserved table for your game; card tournaments and prizes; lunch at the Park Grill (select entrees, beverage, desert, tax and tip); a fashion show; and shopping (does not include admission to the pool for non-residents).**

**July Highlight Event**  
**Water Exercise Classes**  
**at the East Hills Pool**

The Senior Activities Committee is sponsoring a series of eight (8) Water Exercise Classes. Our instructor is a

Certified Lifeguard. The series of exercises will focus on all muscle groups against the resistance of water for improved cardiovascular and toning benefits. You will enhance strength and flexibility while working on balance, calorie burning, and mobility along with the release of tension and the reduction of joint stress. This is a full body workout to

Enclose check and make check Payable to: SAC, Village of East Hills.

Send Check to: Senior Activities Committee / Box 18  
209 Harbor Hill Road / East Hills, NY 11576

# of Amount  
People Enclosed

**Village Barbeque and J. C. Revue – Thursday, June 6<sup>th</sup>**

(\$30 per person – residents / \$35 per person - non-residents)

**Water Exercise Classes – July 8<sup>th</sup> – July 31<sup>st</sup> (8 Classes)**

(\$25 per person – 8 classes)

**Pool Party – Tuesday, July 23<sup>rd</sup> (\$13 per person)**

I would like to reserve a table for \_\_\_\_\_ people to play \_\_\_\_\_

**August Movie Night – Thursday, August 1<sup>st</sup>**

(No Charge – residents / \$4 per person - non-residents)

**Mohegan Sun Casino & Sunset Cruise – Tuesday, August 13<sup>th</sup>**

(\$40 per person – residents / \$45 per person - non-residents)

I would like to participate in Technology Workshop Session 3 on: Ipad, Ipod,  
Computer, Cell phone Smart phone (\$10 per person – residents only)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

**\*\*\*Reservations will not be accepted without a telephone number\*\*\***

relieve stiffness in muscles and an easy way to achieve health. Just bring a bathing suit and a towel.

The series of eight (8) Water Exercise classes are for adults only and will be held on Mondays and Wednesdays from 10AM – 10:45AM, starting on July 8<sup>th</sup>. The cost of the entire series will be \$25 and does not include admission to the pool.

limited to only one bus this year, and will be departing promptly at 9:00 AM from the main parking lot in the Park.

The cost is \$40 per person for residents and \$45 per person for non residents. Each person will get a \$15 food credit, and \$15 towards table games. The cost also includes the ferry ride.

**August Special Event  
Movie in the Park**

Movie night returns to East Hills. Join us at the Village Lounge in the Park on **Thursday, August 1<sup>st</sup> at 6:30PM** for a showing of **A Place in The Sun**, a 1951 film, starring Elizabeth Taylor and Montgomery Clift. It tells the story of a working-class young man who is entangled with two women; one who works in his wealthy uncle's factory and the other a beautiful socialite. As a special highlight we will have our own **Natalie Mansbach** to introduce and provide a provocative discussion following the movie.

**Movie and refreshments are free for East Hills residents and \$4.00 for non-residents.** Don't miss this interesting film and informative discussion.

**August Highlight Event  
Mohegan Sun Casino &  
Sunset Cruise**

The Mohegan Sun Casino & Sunset Cruise is scheduled for **Tuesday, August 13<sup>th</sup>**. This extremely popular event will be

**Ongoing Events**

Bridge continues at **10AM on Tuesdays.**

**Current Events** continues on **Tuesdays from 1PM to 2:30PM**. Current Events will be held in the **Village Lounge**.

The **June Book Club** meeting will be held on **Tuesday, June 25<sup>th</sup> at 7PM**. The book will be **The Language of Flowers** by **Vanessa Diffenbaugh**.

\*\*\*Reminder: There is a \$5 per person charge for non-residents attending each book club session

**Walk 4 Health and Fun** continues at **8:30AM on Monday, Wednesday and Friday**. Walk as much as or as little as you want. Newcomers are always welcome!! Meet in the Park, at the parking area to the left of the first "T" intersection.

**Save The Date  
Sunday September 22, 2013  
12 Angry Men at the  
John Engeman Theater**

**Save The Date  
Thursday, October 10, 2013  
The Rockefeller Estate (Kykuit)  
& Union Church  
in the Historic Hudson Valley**