

Village of East Hills
Senior Activities Committee
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April 2014 / May 2014 Newsletter

The SAC is funded and supported by the
Mayor and the Village Trustees

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Senior Activities C O M M I T T E E

Mansions on The Delaware - May 8th Important — Please Note Later Departure Time

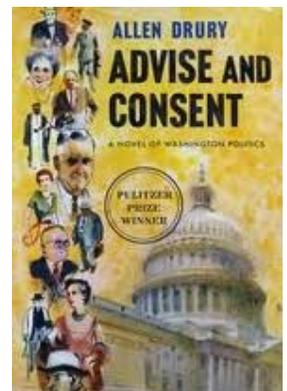


From the time of William Penn through the turn of the 20th century, many of Philadelphia's first families built their country estates on the banks of the Delaware River. By river barge or carriage they came to escape the heat of summers in the city and it was here that they entertained some of the foremost figures in the history of our nation. Join the Senior Activities Committee as we enjoy a visit to the **country estates of Glen Foerd and Pennsbury Manor**, along the banks of the Delaware River on **Thursday, May 8th**. The cost of this event is **\$75 per person for Village residents and \$90 per person for non residents** and it includes the

bus, Lunch at the Mansions, a docent led tour of the mansions, and all gratuities. The bus will leave promptly at 7:30AM from the Village Hall.

Movie in The Park - April 24th

Join us in the Village Lounge in the Park on **Thursday, April 24th at 6:30PM** for a showing of **Advise & Consent**, the 1962 film, directed by Otto Preminger and starring Henry Fonda and an all-star cast. Advise & Consent is as relevant today as when it was first released. It is a sweeping tale of corruption and ambition that cuts across the landscape of Washington, DC. Visit the world's stormiest political battleground — the smoke-filled committee rooms of the United States Senate As a special highlight we will have our own **Natalie Mansbach** to introduce and provide a provocative discussion following the movie. **Movie and refreshments are free for East Hills residents and \$4.00 for non-residents.** Don't miss this interesting film and informative discussion.



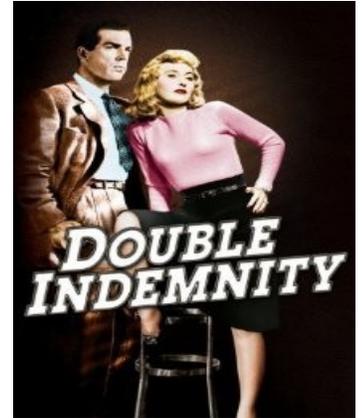
Brunch at Belmont - June 1st



Join us on **Sunday, June 1st at 11:30 AM** for an exciting and unusual day. If you've never watched a thoroughbred race from a private room with a view of the track, you're in for a real treat, as the SAC has scheduled a **Brunch at Belmont** in the Garden Terrace Dining Room on the fourth floor of the Clubhouse, overlooking the finish line at Belmont Racetrack. The deluxe buffet includes grilled flank steak and roasted chicken breast as well as the breakfast standards of waffles, bacon, eggs etc. **The cost is \$35 per person for residents and \$50 per person for non-residents and includes valet parking, admission to the track, a Race program, and the deluxe Sunday brunch buffet.**

Movie in The Park - June 5th

Join us in the Village Lounge in the Park on **Thursday, June 5th at 6:30PM** for a showing of **Double Indemnity**, the 1944 film, directed by Billie Wilder and starring Fred MacMurray, Barbara Stanwyck, and Edward G. Robinson. **Double Indemnity** tells the story of an insurance salesman, who allows himself to be seduced into a murder/insurance fraud scheme that arouses the suspicions of an insurance investigator. As a special highlight we will have our own **Phyllis Friedlin** to introduce and provide a provocative discussion following the movie. **Movie and refreshments are free for East Hills residents and \$4.00 for non-residents.** Don't miss this interesting film and informative discussion.



June Highlight Event BBQ & Music by "Elvis" - June 19th



The Senior Activities Committee is pleased to announce the Annual Village BBQ. This year the Barbeque will be held on **Thursday, June 19th at 6PM**, at the **Park Grill** (weather permitting - otherwise at the Village Theater). You can enjoy a BBQ with all the trimmings and then enjoy an evening of entertainment with one of the greatest performers of all time, "**ELVIS**".

The SAC has arranged for the best Elvis impersonator in the New York area, **StingRay Elvis** to appear at the Village BBQ. **Stingray Elvis** has performed at the CBS Television Awards, the Trump Taj Mahal, and the Mohegan Sun Casino. "Cousin Bruce", Bruce Morrow, from CBS and Sirrus/XM Radio called him, "The best Elvis he had ever heard".

In addition, **StingRay Elvis** was chosen out of all the other Elvis tribute artists on the east coast to help promote "**Elvis, The Mini-Series**" on CBS television. **StingRay's** live Elvis Tribute Show is a "must see" for fans of the "King of Rock and Roll".

The cost of the Barbeque, Show and Dessert is \$35 per person for residents and \$45 per person for non-residents. This event will be limited to 80 people .

Water Exercise Classes at the East Hills Pool

The Senior Activities Committee is sponsoring a series of Water Exercise Classes. Our instructor is a Certified Lifeguard. The series of exercises will focus on all muscle groups against the resistance of water for improved cardiovascular and toning benefits. You will enhance strength and flexibility while working on balance, calorie burning, and mobility along with the release of tension and the reduction of joint stress. This is a full body workout to relieve stiffness in muscles and an easy way to achieve health. Just bring a bathing suit and a towel.

The series will consist of two classes/week for seven (7) weeks. Water Exercise classes are for adults only and will be held on Mondays and Wednesdays from 10AM – 10:45AM, starting on June 30th. The cost of the entire series will be \$75 and does not include admission to the pool.



July Special Event "POOL PARTY" at the East Hills Pool - July 15th



On **Tuesday, July 15th**, from **11AM to 4PM (Rain Date: July 16th)**, the Senior Activities Committee is pleased to sponsor a "Pool Party" or a "Fun Day at the Pool". All age groups are invited to enjoy a day of Cards, Mah Jong (please bring your own set), Canasta, Bridge, Poker, Pinochle or even Monopoly. The **Pool Party Package** includes a reserved table for your game, **Lunch at the Park Grill**, a viewing of a **fashion show** and **shopping with participating on-premise vendors (with discounts of course!)** The Pool Party will also include **Card Tournaments** with prizes donated by local merchants. You can bring

your own game or we will arrange one for you. Reservations are required and tables are extremely limited. Any questions, e-mail us at sacveh@gmail.com or call us at (516) 621-2796.

The cost of the Pool Party Package is \$20 per person and includes a reserved table for your game; card tournaments and prizes; lunch at the Park Grill (select entrees, beverage, desert, tax and tip); a fashion show; and shopping (does not include admission to the pool for non-residents).

Learn To Crochet

Crochet is the process of creating fabric from yarn, thread, or other material strands using a crochet hook. If you are someone who has never crocheted before, or if it's been awhile, or you are ready to learn more, then these classes are for you. Whether you've always wanted to learn how or have just recently begun to yearn for the magical workings of hook and yarn, welcome! You've picked a great place to start. The class will teach the basics of crocheting and you will create a crocheted project every week.

The Senior Activities Committee is sponsoring a **series of 6 two-hour classes** starting on **Monday, April 28th at 11AM in the Village Lounge**. These two-hour classes will continue on **Mondays, for 6 weeks until June 9th**. The cost of the entire series will be **\$40**. Class size is **extremely limited**. Congratulations on taking the first step toward becoming a bona fide crocheter. Please bring with you a skein of medium weight yarn of your favorite color(s) and a size G, H, I, or J hook.



September Highlight Event - September 18th

The Philadelphia Barnes Foundation



Join the Senior Activities Committee for what promises to be an amazing day, as we visit **The Barnes Foundation** in Philadelphia, on **Thursday, September 18th**. We have arranged for a private group docent tour of one of the world's leading collections of French Impressionist and Post-Impressionist paintings. It has been said, that a visit to the Barnes's unparalleled art collection leaves a lasting impression. That might be an understatement, as we will view the true draw of the Barnes Collection, which features 181 Renoirs, 69 Cézannes and 59 Matisse's, along with works by Manet, Degas, Seurat, Prendergrast,

Titian and Picasso. Prior to our arrival at the Barnes Foundation we will stop at Philadelphia's historic public market, **The Reading Terminal Market**, the home of mouth-watering aromas, locally grown and exotic produce, Amish specialties, fresh meats, seafood, and poultry, handmade confections and baked goods straight from the oven. Here you will find everything you need to create a memorable meal, from cookbooks, to table linens, to kitchen ware, to fresh cut flowers, in addition to the widest variety of restaurants under one roof. During our stop you can have **lunch on your own** or just browse. On the return, we will stop in Cherry Hill, New Jersey for dinner at "**Famous Dave's**".

The bus will leave from the East Hills Park at 8AM promptly. The cost is \$90 per person for residents and \$105 per person for non-residents and includes bus transportation, the stop at the Reading Terminal Market, admission to the Barnes Foundation, a fully guided tour by a museum docent, and dinner at Famous Daves.

Book Club Activities

The **April Book Club** meeting will be held on **Tuesday, April 29th** at 7PM in the **Village Lounge**. The book will be **The Talented Mr. Ripley by Patricia Highsmith**.

The **May Book Club** meeting will be held on **Tuesday, May 27th** at 7PM in the **Village Lounge**. The book will be **The Painted Girls by Cathy Marie Buchanan**.

Ongoing Events

Bridge continues at **10AM** on **Tuesdays** in the **Village Lounge**.

Current Events continues on **Tuesdays** from **1PM to 2:30PM**. Current Events will be held in the **Village Lounge**.

“Leadership” Wanted

The Senior Activities Committee (SAC) is looking for a few enthusiastic and talented people to help plan and develop new programs for the seniors of the Village of East Hills. If you are interested, we look forward to hearing from you. Please send a letter to us at Box 18, 209 Harbor Hill Road, East Hills, NY 11576. Please include a brief statement to let us know about your volunteer experience, and how your talents can help us. Please include your name, address, and phone number. All correspondence will be held in confidence.

Enclose check and make check Payable to: SAC, Village of East Hills.
Send Check to: Senior Activities Committee / Box 18
209 Harbor Hill Road / East Hills, NY 11576

	# of People	Amount Enclosed
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April Movie Night — Thursday, April 24th

(No Charge – residents / \$4 per person - non-residents)

Learn to Crochet - Monday, April 28th - June 9th (6 classes)

(\$40 per person — residents / \$50 per person — non-residents)

Mansions on the Delaware - Thursday, May 8th

(\$75 per person — residents / \$90 per person — non-residents)

Brunch at Belmont - Sunday, June 1st

(\$35 per person — residents / \$50 per person — non-residents)

June Movie Night — Thursday, June 5th

(No Charge – residents / \$4 per person - non-residents)

Village BBQ & Elvis - Thursday, June 19th

(\$35 per person — residents / \$45 per person — non-residents)

Water Exercise Classes - June 30th - August 13th (14 classes)

(\$75 per person)

Pool Party - Tuesday, July 15th

(\$20 per person)

I would like to reserve a table for _____ people to play _____.

Please attach a list of the people at your table.

Barnes Museum — Thursday, September 18th

(\$90 per person — residents / \$105 per person — non-residents)

Name: _____

Address: _____

Telephone Number: _____ E-mail: _____

*****Reservations will not be accepted without a telephone number*****

###Please note: There will be no refunds on pre-paid items.