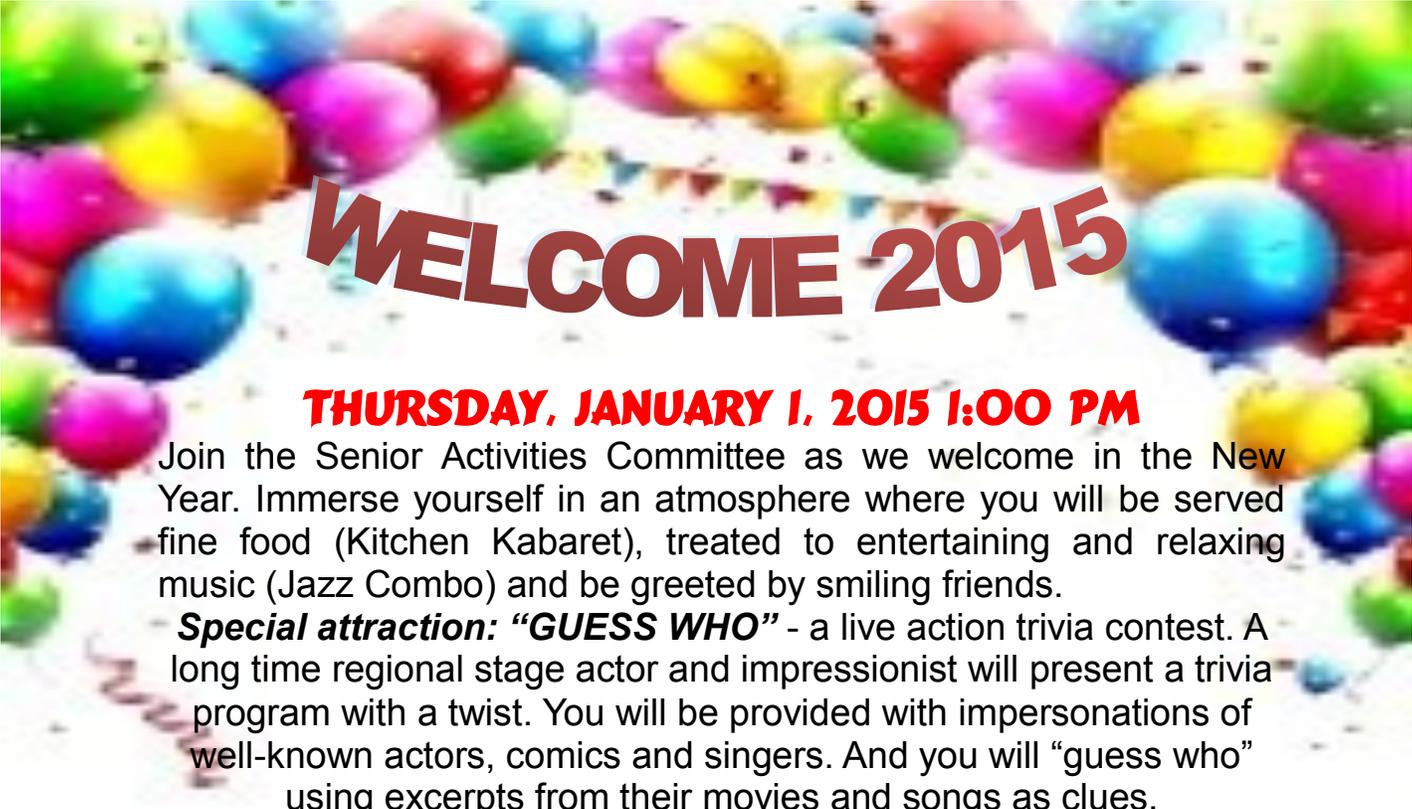


Village of East Hills
Senior Activities Committee
209 Harbor Hill Road
East Hills, NY 11576
(516) 621-2796
sacveh@gmail.com

December 2014/January 2015 Newsletter

We wish to thank the Mayor and the Village
Trustees for their Sponsorship of our Newsletter
and for being so supportive of the Senior Activities
Committee (SAC)

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WELCOME 2015

THURSDAY, JANUARY 1, 2015 1:00 PM

Join the Senior Activities Committee as we welcome in the New Year. Immerse yourself in an atmosphere where you will be served fine food (Kitchen Kabaret), treated to entertaining and relaxing music (Jazz Combo) and be greeted by smiling friends.

Special attraction: "GUESS WHO" - a live action trivia contest. A long time regional stage actor and impressionist will present a trivia program with a twist. You will be provided with impersonations of well-known actors, comics and singers. And you will "guess who" using excerpts from their movies and songs as clues.

Come to the Theater in the Park at 1:00 PM and join the fun
Cost: \$20 Residents
\$30 non-Residents

January Highlight Event - Saturday, January 17th Dinner and Military Bridge — 6:30 PM

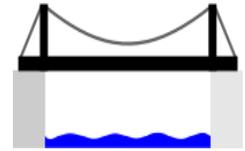
You don't have to be a soldier...



Or an engineer...



And no bridges are involved!



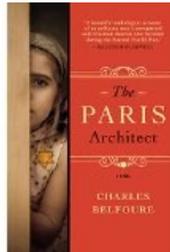
Join us for an exciting evening of fun!! **No card playing experience is necessary at all.** **Military Bridge** is a simple card game that can be enjoyed by all. Instructions will be provided before the start of the game and in less than 5 minutes you will be an expert. The game requires a team of 4 players. You may sign up as a team of 4, as a couple, or as a single player. Groups of less than 4 will be paired together to make a team. The evening of **Military Bridge** will be held at the **Village Theater in the Park** on **Saturday, January 17th**. The doors will open at **6:30 PM for Dinner**. **The game will start promptly at 7:30 PM, and be followed by dessert.** **The cost for the entire evening will be \$20 for Residents/\$25 for non-Residents. A prize will be awarded to all four (4) members of the winning team.**

BOOK CLUB IS HELD ON TUESDAYS IN THE EAST HILLS VILLAGE LOUNGE 7-9 PM

DECEMBER 23, 2014 *The PARIS Architect*

By Charles Belfoure

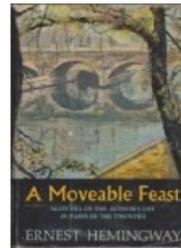
This is a beautiful and elegant account of an ordinary man's unexpected and reluctant descent into heroism during the second world war. A thrilling debut novel of WWII Paris from an author who's been called "an up and coming Ken Follett".



JANUARY 27, 2015

**A Moveable Feast and
A Farewell to Arms**
both by Ernest Hemingway

Let's discuss these two classics and delve into their meanings for us today.



FEBRUARY EVENT: China Then and Now, at the Nassau Museum

Thursday, February 26th — 11:30 AM - 12:30 PM

Lunch at Stresa in Manhasset — 1:00 PM



CHINA THEN AND NOW brings together exemplary Chinese works of art from the classical, early modern and contemporary periods. With our docent, we will explore three millennia of one of the world's most important artistic traditions from the perspective of American collectors on Long Island. This exhibition sheds new light on a fascinating chapter in America's engagement with China and its arts. Then we will enjoy a delicious luncheon of fine food at Stresa Restaurant, where there will be a choice of appetizers and entrees. A fabulous dessert tray is included. **The cost for the docent tour and luncheon is: \$40 for Residents/\$45 for non-Residents. Lunch only is \$33.**



JOIN US FOR OUR THEATER PARTY
SUNDAY, MARCH 8, 2015 at 2:00 PM
VANYA and SONIA and MASHA and SPIKE

Comic playwright Christopher Durang has borrowed characters and plotlines from Chekhov and remixed them in this gently wacky family comedy. You do not need to know anything about the source material to enjoy the show which includes an appealing mix of monologues, family confrontation scenes and nutty preparation for a costume party. If you long to see a classic stage comedy, with a twist of Durang style absurdist humor, you will definitely enjoy spending an afternoon with **Vanya and Sonia and Masha and Spike**. Join us on Sunday, March 8, 2015 for the 2:00 PM performance, at the Engeman Theater in Northport. After the show, join us for dinner at the 388 Restaurant at 388 Willis Avenue, Roslyn Heights, NY. **Cost for Theater and Dinner** (Including Valet Parking): **\$65 per person for Residents/\$75 per person for non-Residents. \$33 per person for dinner only.**



Toning and Stretching Classes
Begin Tuesday, March 10, 2015



The SAC is pleased to offer a Health and Wellness program to benefit adults who would like to improve their physical well being. The classes will be taught by a CERTIFIED and EXPERIENCED instructor who will incorporate fitness discipline into a mixture of toning and stretching exercises. The classes will enable residents to increase their mobility, balance and endurance, as well as improve their range of motion. The workshop will help adults become more flexible as well as relieve stiffness and tightness in the hips, back, abdomen, arms and overall posture. Join us and engage in activities and exercises that can strengthen balance and enhance our overall cardiovascular health. The six (6) sessions will be on **Tuesdays, beginning March 10th through April 21st.** (No class April 7th) **Time: 11:30 AM – 12:30 PM.** All sessions will take place in the **Theater in the Park at East Hills.**

Cost: \$35 for Residents/\$45 for non-Residents. BRING YOUR OWN WORKOUT MAT



The Spring Session of *Technology Workshops* will begin the week of **March 23rd** for **five sessions** ending the week of **May 3rd**. Sign up for a series of five one hour Technology Workshops to be taught by our own Roslyn High School students. Please fill in the coupon and attach your check. You will be called to discuss your schedule. **The cost for the entire series of five workshops will be \$10 for Residents/\$25 for non-Residents.**

Ongoing Events

Bridge, Mah Jongg, and Canasta continue at **10 AM** on **Tuesdays** in the **Village Lounge**

Current Events continues on **Tuesdays** from **1 PM to 2:30 PM** in the **Village Lounge**

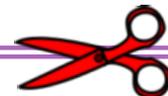
WATCH FOR THESE EVENTS COMING SOON...



CARD PARTY - LUNCHEON
Wednesday, March 25, 2015
In the Theater at East Hills Park
Watch for details in the future



GREENWOOD CEMETERY TOUR
AND LUNCH
Thursday, May 14, 2015
Details to follow ...



Enclose check made payable to: SAC, Village of East Hills
 Send Check to: Senior Activities Committee, Box 18
 209 Harbor Hill Road / East Hills, NY 11576

of
People Amount
Enclosed

New Year's Day Celebration — Thursday, January 1st, 2015
 (\$20 for Residents/\$30 for non-Residents)

Military Bridge — Saturday, January 17th, 2015
 (\$20 for Residents/\$25 for non-Residents)

China Then and Now at Nassau Museum/Lunch at Stresa
Thursday, February 26th, 2015
 (\$40 for Residents/\$45 for non-Residents) (\$33 for lunch only)

Northport Theater Party & Dinner at 388 — Sunday, March 8th, 2015
 (\$65 for residents/\$75 for non-Residents) (\$33 for Dinner only)

Toning and Stretching Classes — Begin Tuesday, March 10th, 2015
 (\$35 for Residents/\$45 for non-Residents) (Must supply own workout mat)

Technology Workshops — 5 Sessions begin March 23rd, 2015
 iPad___ iPod___ Computer___ Cell phone___ Smart phone___
 (\$10 for Residents/\$25 for non-Residents)

Your Name: _____

Name and phone number of guest, if any _____

Your Address: _____

Your Telephone Number: _____ Your E-mail: _____

***** Reservations will not be accepted without a telephone number**
Please note: There will be no refunds on pre-paid items

PS: If you DON'T hear from us, it's GOOD NEWS! It means YOU ARE REGISTERED FOR THE EVENT!
We will only contact you if the event is cancelled or there is a change in schedule. OR if you are placed on the waiting list. So — NO NEWS IS GOOD NEWS!